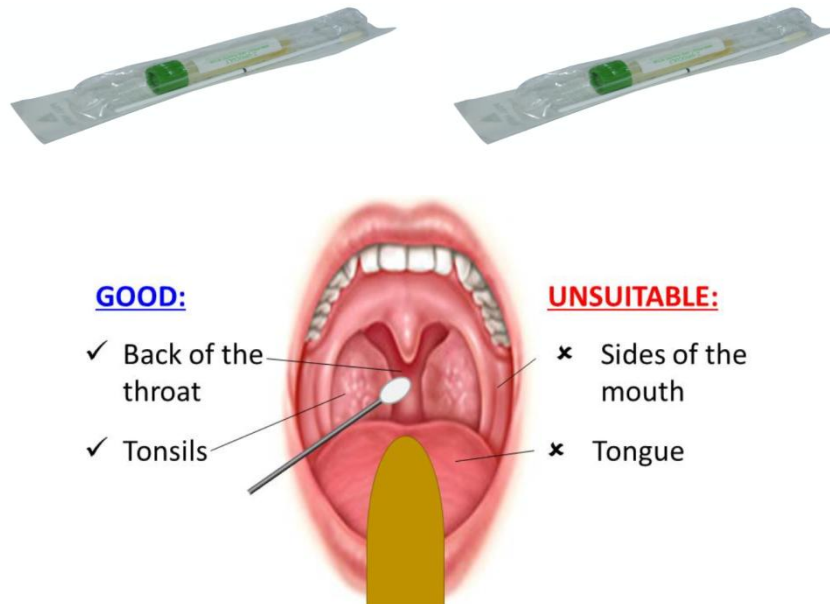


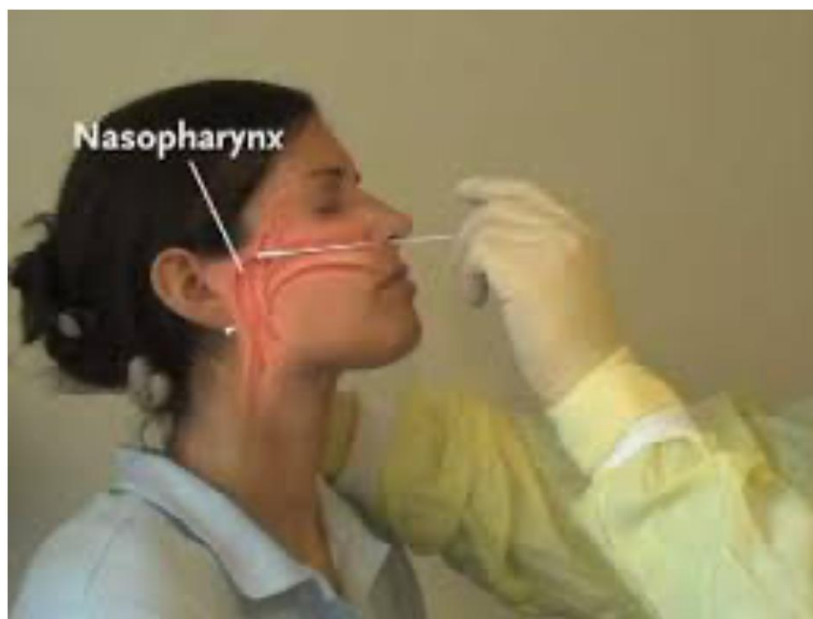
Swabbing technique for COVID-19

You will need two viral throat swabs.

Swab throat then nose with each swab. One of these swabs will be tested for COVID-19, the other for standard viral screen.



After swabbing the throat, use the same swab and swab the nose:



- Warn patient this is an uncomfortable but quick procedure
- Insert horizontally approx. 7 - 8 cm until resistance is felt
- Rotate swab for 10 - 15 sec before removing from nasal cavity

Repeat the process with the second swab.

Information provided by ENT and Infectious Disease – Raigmore Hospital, NHS Highland. 17 March 2020.

References:

NEJM. NEJM Procedure: Collection of Nasopharyngeal Specimens with the Swab Technique. <https://youtu.be/DVJNWefmHjE>
<https://www.sgh.com.sg/patient-care/specialties-services/pathology/pages/lab-disciplines.aspx>